Civens COMMUNITIES Improving lives

COMMUNITIES • LIFEMINISTRIES • CONTINUING CARE AT HOME HOME AND COMMUNITY BASED SERVICES • PHILANTHROPY • CAREERS





Givens Communities

Our mission is Creating Community, and Empowering Lives. We apply our vision of Endless Possibilities, Vibrant Aging for older adults in North Carolina. Having established our first community almost fifty years ago, Givens has become a leader in the industry. We leverage our experience and expertise to help adults thrive. Originally established by the Western North Carolina Conference of the United Methodist Church, Givens Communities can be trusted to lead the way in making a difference in the lives of older adults.

We fulfill our mission and vision by providing residents a variety of market-rate and affordable housing options. We also extend our vision into the region by touching more than 6,000 lives annually through outreach efforts, programs and partnerships with other nonprofits.







Givens Estates

Givens Estates is a Life Plan Community that supports older adults to live meaningful lives. Residents who live here are interesting and diverse, and they use Givens Estates as a springboard for personal growth and enrichment. Whether content to pursue interests from within the community or expand outside of it, residents have many opportunities to craft a full and rich life. They are empowered to direct how they live their experiences by taking full advantage of our community's expansive campus and mountain setting to explore the great outdoors or tap into the Asheville scene. Some prefer to immerse themselves in social, intellectual, or spiritual enrichment, while others strive to make a difference in others' lives. Regardless of how residents elect to spend their days, their collective goal is to live fully. Having served in the greater Asheville area for more than forty years, we are honored to continue to partner with people to design purpose-driven lives.

- Nonprofit Life Plan Community
- Asheville, NC
- 215 acres
- A- Fitch Rating
- CARF-CCAC accredited
- Sage Care Certified
- 490 Independent Living options
- 43 Assisted Living apartments
- 64 Skilled Nursing residences







Givens Highland Farms

Located within the picturesque landscape of Black Mountain, North Carolina, Givens Highland Farms is a community in the truest sense. Though our residents come from many walks of life with fascinating careers and personal and professional accomplishments, they all know each other by first names and not their titles. Here, creative and thoughtful people live intentionally and care about their friends and neighbors. There is a profound sense of belonging in our community. The charming, casual atmosphere of our Swannanoa Valley campus serves as a quaint retreat from the hustle-and-bustle of our daily lives. Residents enjoy volunteering, joining interest groups, helping cultivate our community garden, and greeting neighbors as they walk their dogs on our campus. They enjoy Black Mountain's unique restaurants, local breweries, specialty shops, and abundant outdoor activities. We consider the scenic surroundings, casual atmosphere, and genuine neighborhood style to be our best amenities.

- Nonprofit Life Plan Community
- Black Mountain, NC
- 85 acres
- A- Fitch Rating
- CARF-CCAC accredited
- Sage Care Certified
- 289 Independent Living options
- 55 Skilled Nursing residences







Givens Great Laurels

Givens Great Laurels is a warm and welcoming rental retirement community situated between the Great Smoky and Blue Ridge mountains in Waynesville, North Carolina. As a small community with big heart, we open our doors to all. There are no outsiders in our close community, just fellowship among friends who enjoy the simple treasures of life. New residents instantly feel at home as our community members express interest, care, and a desire to know you. Residents set their worries aside and comfortably enjoy this season of life. Whether exploring the arts and crafts culture popular in this region, enjoying a quiet stroll around Lake Junaluska, or taking advantage of the many other outdoor opportunities that abound, residents feel comfortable living life at their own pace. They appreciate knowing that staff and neighbors are in their corner helping them make the most of each day. Pull up a chair, join us around the fire, and embrace the feeling of being home at Givens Great Laurels.

- Rental Retirement Community
- Waynesville/Haywood County, NC
- 100 age/income qualified Independent Living Apartments
- Serves low income seniors
- Supportive services available
- Beautiful Mountain & Lake Views









Givens Gerber Park

Givens Gerber Park is a rental retirement community in vibrant, urban South Asheville for older adults who want to live life to the fullest. With amenities and services not typically found on-campus in a more affordable community, residents find the support they need to feel sure-footed on life's journey. Residents explore new opportunities and gain confidence from being part of a community that provides access to resources that help them navigate this next adventure. There are those who choose to stay close to home to engage in wellness programs, participate in enriching social opportunities, or share a meal with friends in our on-campus cafe. Others choose to work, volunteer in the community, or venture off-campus to take advantage of Asheville's many offerings. Either way, residents are empowered to chart their own course. As they do, they are personally rewarded as they explore channels of fulfillment from their home base. Givens Gerber Park.

- Rental Retirement Community
- South Asheville, NC
- 262 age/income qualified
 Independent Living Apartments
- Serves low & middle income seniors
- Supportive services available
- Walkable, convenient urban setting close to shopping
- Onsite Café







Givens life Ministries

Givens is committed to a wellness philosophy of wholeperson health not only for our residents but for many living beyond our campuses. Givens LifeMinistires is the outreach division of Givens Communities actively working to address health disparities of underserved, diverse, and vulnerable populations in Western North Carolina by providing access to resources that empower individuals to improved wellness and quality of life. Through community partnerships and outreach endeavors Givens LifeMinistries provides access to free health screenings, chronic disease self-management programs and wellness education programs to hundreds of individuals each year. Givens LifeMinistries is a vital partner for supportive services for our affordable senior communities.

Programs include:

- Community Nursing in Affordable
 Senior Housing Communities
- Baby Equipment and Resource
 Closets
- Welcome Tables Community Meals
- Medical Equipment Loan Closets
- CDC Diabetes Prevention Program
 & Living Well with Diabetes Program
- Stanford University Chronic Disease
 Self-Management Program
- Cooking/Nutrition Programs







Givens Home First

In 1992, Givens Estates introduced a new Home Care program following a generous donation of \$10,000. This service has played a pivotal role in nurturing the health, happiness, and safety of our residents, enabling them to remain in the comfort of their homes at a fraction of the cost of skilled nursing care. Over the past three decades, it has stood as a pillar of support for our residential community.

In 2012, Givens Communities expanded with the addition of Givens Highland Farms, laying the groundwork for collaborative resource-sharing between campuses. This helped set the stage for the launch of Givens Home First in August 2023, uniting the two Home Care agencies of both Givens Highland Farms and Givens Estates.

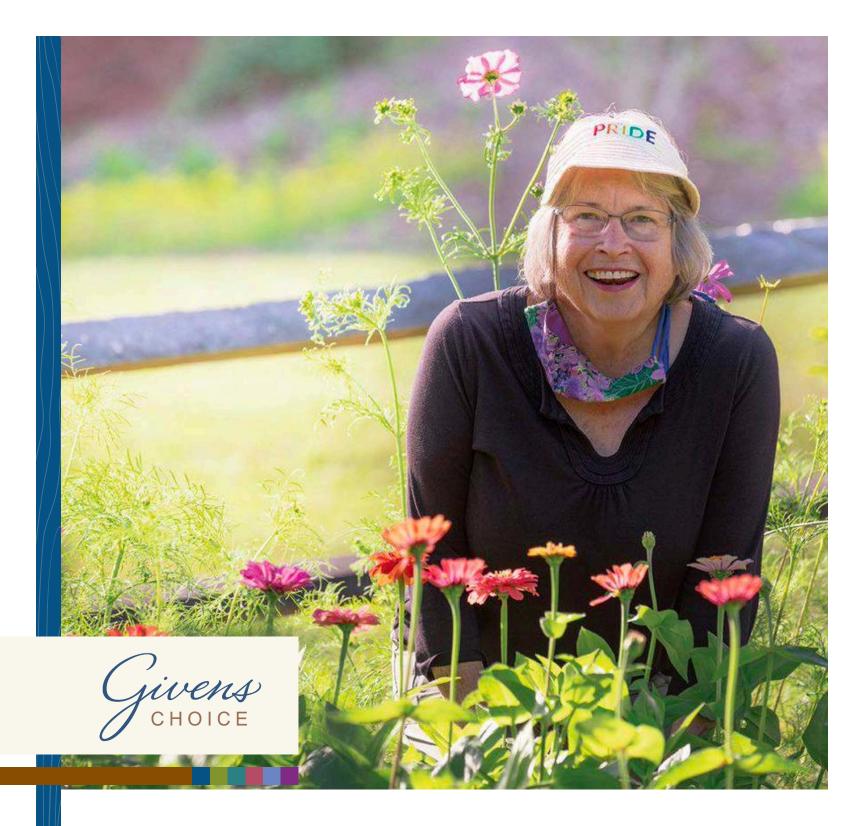
Today, Givens Home First stands as a testament to our commitment to comprehensive care and support. With a licensed Home Care agency, an Aging in Place program offering home modifications, and community education initiatives, we continue to empower individuals to thrive in their homes and community.

Programs include:

- Caregiving Services
- Companionship
- Respite Care
- Nursing Support
- Safety Assessments
- Tailored Home Modifications
- Education and Empowerment







Givens Choice

In 2023, Givens added Givens Choice, a Continuing Care at Home program, to our family of services in order to meet the needs of those who prefer to remain in their current home as they age instead of relocating to one of our life plan communities.

In a recent study, AARP found that nearly 88% of adults over 65 want to remain in their current home and community as they grow older. Doing so safely, independently, and comfortably is known as Aging in Place. Aging in Place gives older adults the ability to continue enjoying what they value on their own terms. While this sounds idyllic, the realities of Aging in Place could ultimately present a myriad of problems related to lifestyle, health and safety, and the coordination of care for you and your loved ones.

Givens Choice is a hybrid program that combines the safety net and resources of a Life Plan Community, financial protection similar to a Long-Term Care Insurance policy, and proactive Wellness planning. As a membership-based program, Givens Choice is more comprehensive than long term care insurance. Membership ensures successful Aging in Place by delivering proactive care coordination, a comprehensive array of home care, personal care, and long-term care, all to fit your unique needs as your age.

Programs include:

- Relationship-driven Care Navigation
- Proactive coordination of care
- Access to amenities at Givens
 Estates and Givens Highland Farms
- Predictable cost of care
- Regular, comprehensive Aging in Place home assessments
- A team of experts to support you and your goals for aging







Givens Philanthropy

Each Givens community and every Givens program is supported and enhanced by the generousity of many individuals and organizations both inside and beyond Givens Communities. From government and community grants to local organizations to resident-led projects and annual Givens Cares appeals, there are many opportunities to enrich the quality of life in the community where you live. Building on a vision of Endless Possibilities and Vibrant Aging offers exciting ways to benefit the lives of others throughout Givens Communities and Western North Carolina. Givens Philanthropy is prepared and available to support your charitable goals. Beyond gifts of cash, we can help you develop customized and tax-wise giving plans or establish the far-reaching impact of an endowment. There are many creative ways to leave a legacy for your neighbors today and into the future: planned gifts, gifts of stock or investments, in-kind gifts, entrance fee refunded gifts, and gifted meal balances.

Come dream with us! Together we are truly Creating Community and Empowering Lives.

Focus areas include:

- Givens Cares Resident
 Assistance Ministry
- Outreach and Affordable
 Communities
- Future and Innovation
- Environmental Initiatives
- Life Enrichment
- Givens Cares Team Member
 Assistance Ministry
- Givens Grows (unrestricted)







Givens Careers

Givens Communities is committed to fostering an inclusive and meaningful work environment, and to be a positive force and advocate for older adults. Our mission is Creating Community and Empowering Lives. Givens Communities promotes diversity and belonging by aligning our words with actions so that everyone is welcomed and treated with dignity and respect. We continuously look for innovative approaches to achieve our sustainability goals and practices to protect our natural resources. Our collective mindset is to ensure the communities remain forward thinking and progressive as our residents seek a purpose driven life.

Givens Communities provides comprehensive benefits packages, competitive compensation, and ample opportunities for professional development. We are a employer of choice that welcomes individuality, self-expression, and cultivates a welcoming and inclusive environment for everyone.

Programs include:

- · Comprehensive Benefits Packages
- Competitive Wages
- Growth Opportunities
- Education Assistance
- Skillset Focused Hiring







828-271-6948











Endless Possibilities. Vibrant Aging

ission

Creating Community, **Empowering Lives**

Values

People Passionate, Make a Difference, Power of Community, Do What's Right

"The sense of 'community' was felt from day one through interactions with other residents and staff, and continues to be the foundation of a healthy, contented, and fulfilling life here at Givens!"

- A Givens Estates resident Since 2017



"We are so happy and carefree living in this beautiful setting with gorgeous mountains surrounding us. Waking up each day realizing we get to choose how we enjoy the day with many great opportunities available." - A Givens Highland Farms resident since 2018 🎉

"I have been truly blessed with my lovely apartment, which gives me not only a sense of pride but a smile from my family. My neighbors have become my family. Life here is safe and can be lived at a relaxing pace." - A Givens Great Laurels resident since 2015 📣

"Living at Givens Gerber Park has literally been a dream come true for me. I enjoy living in a secure home with many amenities and a staff that is friendly, helpful, and accommodating. I really couldn't have found a better place to live." - A Givens Gerber Park resident since 2018

"Serving as a nurse for Givens LifeMinistries, I hope to leave a legacy demonstrating that nursing is more than injections and pills, but is really about the human connections in life."

- Community Nurse since 2017 🤹

















